

LCCPA Newsletter

January 2020

Tony Bird- Principal
Tara Bruckner- School Counselor
Chris Choudoir- Science and Bio-Medical Sciences Instructor
Lisa Gretz- School Counselor
Nate Klein- Humanities Instructor
Jon Larson- Engineering and Manufacturing Instructor

Kall Patzner- Math Instructor
James Taylor- Humanities Instructor
Dan Van Eperen- Humanities Instructor
Shawn Volk- Lead Instructor and Math Instructor
Anna White- Spanish Instructor

LCCPA Student Spotlight: Alysha Vosters



- ***** Describe Yourself: I am caring, fun and very determined. I like to help otherswhich is one of the reasons I want to go into nursing.
- * Biggest Life Lesson You Have Experienced: I'm not always going to do things perfectly right away, and that's okay as long as I do my best.
- * What Motivates You: I'm looking forward to the future and how anything can happen. If I work hard and get into a good school, I can achieve anything I want to and get my dream job.
- * Perfect Day: I would sleep in, take my time to get ready for the day, then hang out with friends (not have an agenda for the day).
- *** Biggest Worry in Life:** I won't meet my own expectations.
- * Describe Being Successful: Is what I consider to be my personal best. I feel successful now because I have a job I love, so for me, that's being successful.
- * Most Important Word in the English Language is: Hello/hi just saying hi to someone can change their day.
- *Describe Your Career Development Path: From a young age, I have always known that I wanted to do something in the science or health field. I went into LCCPA Health Sciences, at first I was interested in being a biochemist or forensic scientist, we were able to try this out and I learned that I really wanted to do something working with people. I was thinking about something in radiation and through career experience, I met a Physician Assistant in the ER and from there I learned that I loved the emergency room. I did more research and found that being a Nurse Practitioner would fit me more. Being a CNA and being in the pathways program helped me find my career path.
- * Biggest Dislikes: When people aren't inclusive (judging a book by its cover) and cold weather.
- ***** Describe the LCCPA: It's a chance for students to get to know themselves as a person and from a career aspect. There are so many career experiences to help guide career exploration.
- * Words of Wisdom for the Freshmen: Hard work will pay off in the end. It's challenging, but it will prepare you very well for your future.
- *Bio: Alysha is an only child and was adopted. Her mom works at ThedaCare in the Cancer Center which helped encourage Alysha's passion for helping others in the medical field. She has three dogs and a cat. When she isn't at school, Alysha is a CNA at Brewster village, playing soccer or watching Netflix. Her favorite shows are Grey's Anatomy, Vampire Diaries, and Supernatural. If she could go on vacation she would go to the Bahamas and bring her parents and friends.

ThedaCare Career Experience: Caisha Goodrich-Sampson

November 05, 2019

Being a Sophomore, I have been to many colleges, clinics, and hospitals, all to learn one main thing-- which career I wanted to expand more on. I have been to experiences from up to two hours away, to as little as twenty minutes. This experience, however, focused on three important jobs in the everyday hospital, clinical, or general health treatment-- Security, CNA/MA, and RNs. We started in a conference room, filled with 14 people, and had the speakers come to us, rather than touring the hospital like normal. This was unusual for our group, especially considering every other "Mustang" was a Freshman. Despite there only being four of us, we made the best of it and asked plenty of thoughtful questions, and made sure to leave the *Mustang Way*-- shaking the hand of our coordinator and thanking them for this opportunity.



The first two jobs we were given information for were CNA and MA. These were sort of integrated into one lecture, and we were given blood pressure cuffs and stethoscopes to practice with. During this time, we were told that there is a lack of CNAs and MAs in the health field. This made plenty of people eager to get somewhere they know they would have job security.

Shortly after CNA, we had a duo of a security team head and a call team leader. Each woman took a few minutes to present their careers, in which we learned an average salary, expectations, training needed, and education requirements. The security team leader went on to explain how they are also short on hospital security staff, having about one per campus. She told us that she has dealt with people of all different kinds, including people that have tried to hurt her. She has broken her wrist while protecting a nurse from an upset patient throwing a heart monitor at her. The second woman went into detail on how she has stopped people from committing suicide and even delivered a baby over the phone while the parents were stuck in traffic and couldn't get to the hospital.



After a break, we headed upstairs to see the RN presentation. The presentation started with a "heartfelt" video of nurses worldwide stating that they are heroes, and deserve just as much recognition as doctors. After the video, we split into three groups and learned three

different tasks-- how to dispose of safety clothing properly, how to change dressings, and how to complete an I.V. For the I.V section, we were given an "I.V Kit," and were taught how to tie the rubber band properly to avoid discomfort and make it easier to see the veins, as well as how to insert the I.V needle, which must be done at a 45-degree angle. For the safety clothing, we were taught how to put on the paper "shirt" and how to make sure no bacteria or any liquids got onto us or our clothes. Teammates were to throw chocolate on us, and we had to take off the "shirts" without touching any of the bacteria. Finally, we went to the dressing room, where we were taught how to change a dressing on a bullet-wound filled mannequin. We first followed safety protocols, and began dipping gauze into the dressing before inserting them into the "bullet-wounds."

Overall, I believe this was a beneficial career experience, especially for the Freshmen, because of all of the important things we were taught how to do, and all of the information we were given.

Suburban Electric Job Shadow: Hunter Nash

A few days before Christmas I had a chance to go over to Suburban Electric for a job shadow. During this, I had gone to their main office building right away and I talked with their Safety Director and then toured the area. After we did that, we drove for about an hour and fifteen minutes to Horicon High School. The reason we had gone there was that there was an addition to the building being added. I had gotten a chance to be there when they were doing a lot of the electric and lighting portion of the building. We toured the area and I talked to a few people that work for Suburban about what they do and etc. But Suburban Electric was not the only company I got to speak to, in fact, I got to talk to people who worked for Boldt, Alliance, AZCO, Keller, and a few more. So not only did I learn about the electricity part, but I got to learn and see about the welding, piping, concrete and etc. after about two hours at Horicon High School,

we drove to their new office building over by the Appleton Airport. We toured around the building and I even got to do some pipe bending, wire stripping, and connecting wires in order for a light bulb to function.

After this experience, I think that Suburban electric would be a good fit for me and I would like to learn more about this career. Some things that I learned from people working for Suburban Electric are that you really only need a two-year degree at a



technical college for this career and also during high school, they suggest that you take a lot of math classes and also take as many shop classes as you can. I believe that this company would be a good fit for anyone who is looking for a career as an electrician and journeyman.

Secura Job Shadow: Hunter Janssen

On Wednesday, November 6, Tim Buchholz and I went on a job shadow to Secura Insurance. A couple of weeks prior to this, I received contact information for an actuary who works there. After the exchange of a few emails, we were able to set up a time and date to meet for a job shadow.

Once we arrived at Secura, we talked to a worker at the front desk and checked in. After a short wait, two actuaries came to meet us. They then proceeded to take us on a tour of their new building. The building was impressive with a



basketball court, game room, walls of glass, and new technology. After the short tour, we took a stop in a conference room where SECURA Careers they had a presentation prepared for the two of us. This presentation was rather informal and we were able to ask whatever question came to mind. From this, we learned a lot about

being an actuary and about what it's like to work in a place like Secura.

When the presentation was over, the group of us went to the cafeteria to eat lunch. There, we met another actuary who also came to eat with us. Lunch was a good time to get to know them and to ask some of the questions that we prepared. The actuaries were open to answer any question which made this another time that we learned a lot.

This is where our time at Secura came to an end. We shook hands with the actuaries and left with a full mind and tummy.

US Venture Job Shadow: *Tate Huss*

On October 29th, 2019, Several students in the business pathway had a chance to take a trip to US Venture. Robert Huss is the facilities manager of US Venture and was able to give the students a unique perspective on the types of things that US Venture does. US Venture is well known today as an innovative leader in the distribution of petroleum, renewable energy products, lubricants, and tires. What we learned on this trip went much further than just what they did, but how they did it. US Venture's employees gave us a great idea of their core values and how they live up to those standards.

When we got to US Venture, we were introduced to what the company is all about. After Mr. Huss's great presentation about what the company does, they had someone from every department in the business explain what they do at their job, what it takes to be successful, and what someone in that job can expect on

job, what it takes to be successful, and what someone in that job can expect on a day-to-day basis. They allowed us to ask a variety of questions, in which we were very involved. We also got the chance to learn how each employee found out about US Venture and started working there, what degrees they needed for their job, and what everyone likes the most about working there.



Everyone had a favorite part of the trip, Junior Brandon Brockman talked about what he enjoyed most about the trip. "What really made the trip enjoyable for us was when we went on a tour of the location. We went through Human Resources, and got to see their spacious meeting rooms. They showed us the area where people work on the US Venture Open, which is a traditional golf outing, that raises millions of dollars for those in need. It was very humbling to see, as they could have taken all that money and kept it but instead, they use it for charity. We learned that helping out others really exemplifies US Venture. I would have never thought a business of this magnitude could be so local".

We are extremely appreciative of all of the great career advice that we received on our trip. We learned about the importance of maintaining a professional appearance online, which includes having a professional sounding e-mail address, sending e-mails with correct grammar, and not posting unprofessional pictures or comments. We also learned of the importance of having a detailed job resume that highlights all of our experiences in detail. All of the panelists encouraged us to take healthy risks to make ourselves better so that we stand out when we apply for jobs.

Upcoming Events:



April 16th: Partner Breakfast 8-9:30 am More information to come!