

HEALTH AND WELLNESS



Quarterly Data Updated January 2024

ENGAGEMENT OPPORTUNITIES

Yearly calendar will be developed with monthly focuses and activities for students and staff with family engagement.

A yearly calendar of monthly activities has been created and is reviewed at every committee meeting. This year there have been multiple activities offered, including a maintain don't gain challenge in which there were 22 staff participants and 13 participants who met their goal of maintaining/not gaining!

PANORAMA SEL SURVEY

The survey was first deployed in the 2020-21 school year and baseline data was gathered to inform social and emotional instruction.

The Panorama Survey was again administered in October 2023. As a district, we are excited to report that the majority of students rated themselves favorably in multiple areas!

For students in grades K-2, teachers noted 76% of students have strength in emotion regulation.

In grades 3-5, students rated themselves above average in 7 out of 7 areas with the highest area being Supportive Relationships; 93% of students rated themselves positive in this area.

In grades 6-12, students rated themselves above average in 6 out of 7 areas with the highest area also being Supportive Relationships; 87% of students rated themselves positive in this area.

CURRENT POLICIES

Align current policies with health and wellness, and safety issues.

LCASD is undergoing the adoption of new policies, including a new wellness policy. Once adopted, the Health and Wellness Committee will review the new policy and ensure practices are aligned.