

1st Annual HOTV



Sponsored by

THRIVENT
FINANCIAL®

Troy Beck, Financial Associate

Community Health Day

March 11, 2017

9:00am - 12:00pm

Join us at Christ the King Lutheran Church, located directly in front of Kimberly High School, for this free community event.

Free blood pressure checks from Gold Cross Ambulance

Hands-Only CPR training from the American Heart Association

Hands-Only CPR has been shown to be as effective as conventional CPR for cardiac arrest, and it only takes a few minutes to learn. If you are called on to give CPR, you will most likely be trying to save the life of someone you love. **BE THE DIFFERENCE FOR SOMEONE YOU LOVE.**

ThedaCare

Cardiovascular health includes healthy eating, physical activity, stress management and reducing risk factors such as high cholesterol and smoking. ThedaCare Cardiovascular Care is committed to providing the latest in care and educational support while answering questions to encourage health living.

Donate blood at The Community Blood Center Bloodmobile

Must be at least 16 years old. Only 30 appointments are available. Call Edana or Lisa at Thrivent Financial, 920-423-3896 to reserve your spot.

Register for the Be the Match bone marrow registry

Be the one to save a life. All it takes is a quick cheek swab. Must be between the ages of 18-44.

Bring a stuffed animal to donate to Gold Cross Ambulance, make cards for patients at Children's Hospital, help make tie blankets for pediatric cancer patients, and learn more about Community Benefit Tree!