



Little Chute Middle School

Cross Country



Hello Future Runners and Families,

My name is Greg Verhagen and I am the Middle School Cross Country Coach. Myself, along with Rudy Botz, the High School Cross Country Coach, want to make everyone aware of the Cross Country Season that's coming at the start of the new school year!

We would like to invite any incoming 6th, 7th, or 8th grade students to become a part of the Little Chute Middle School Cross Country team and program this upcoming school year. There is a great and successful tradition with Cross Country in Little Chute and it is something that we are very proud to continue.

The lessons that a child learns in running such as perseverance, drive, hard work, positive attitude, resilience, and teamwork are very important characteristics that help each child to become productive adults. Running is a foundation necessary for many other sports, it can be done alone or with groups for a lifetime, and it encourages lifelong healthy habits.

Cross Country has the benefits of being both a team and individual sport. Everyone on the team is equally important and there is no battling for playing time. Everyone gets to run. Runners get out of cross country what they put into it and can directly control their own success in the sport.

The Middle School Cross Country season will start around the 3rd full week in August and run until mid-October. Sign up is typically done during school registration days, however, if you already know that your child would like to participate or if you would like more information, please fill out our pre-sign up google form at <http://bit.do/LCMS18> or email us at gverhagen@littlechute.k12.wi.us & rbotz@littlechute.k12.wi.us.

We hope that your child considers joining Cross Country this fall and joins a group of great kids already on the team. They will have a lot of fun, work hard, and make friends that are there for the long run!

Go Mustangs!

Coach Greg Verhagen and Coach Rudy Botz