



**TOMORROW October 5th we will be celebrating National Walk to School day! This is a great way to encourage healthy choices! Can you walk or bike with your child to school?**

**If you need to drive, consider parking on a side street or even at the library and walk to school. This will show your child that you think exercise is important!**

**We will also be having our annual Breakfast with a Buddy!**

**7:30 – 8:00**

**PAVILION NEAR THE PLAYGROUND**

**We will be serving:**

- Fruit**
- Juice, Coffee, Hot Cocoa**
- Granola Bars • String Cheese**
- Yogurt Tubes.**

**ALL CHILDREN MUST BE ACCOMPANIED**

**BY AN ADULT. All family members**

**are welcome to attend! There is no charge for this event.**