



## BREAKFAST WITH A BUDDY/WALK TO SCHOOL DAY!

WEDNESDAY, OCTOBER 4<sup>TH</sup>

7:30-8:00

PAVILION NEAR THE PLAYGROUND



We encourage you to use this opportunity to make healthy choices! Can you walk or bike with your child to school? If you need to drive, consider parking on a side street or even at the library and walk to school. This will show your child that you think exercise is important!

### **JOIN US FOR BREAKFAST!**

We will be serving:

Fruit, String Cheese, Granola Bars, Yogurt tubes, Juice boxes, Coffee and Cocoa.

**ALL CHILDREN MUST BE ACCOMPANIED  
BY AN ADULT. All family members  
are welcome to attend!**

***There is no charge for this event!***

A donation box will be present at the event and ***donations are appreciated!***

**See you there! This is a RAIN OR SHINE EVENT!**

**Rain location: LCES Cafeteria**